

NHS Education for Scotland - Freedom of Information (FOI-2026-3373)**Total Absence by Grade - 1 April 2025-31 March 2026**

PAY GRADE	No. of STAFF	Sum of Working days
Band 3	37	361
Band 4	85	1206
Band 5	71	1466
Band 6	86	2333
Band 7	102	1385
Band 8A	68	1290
Band 8B	43	621
Band 8C	16	130
Band 8D	12	250
Medical and Dental Grades	34	161
Resident Doctors and Dentists in Training	663	7863
Grand Total	1217	17066

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Total Absence by Reason - 1 April 2025-31 March 2026

Reason	No. of staff	Sum of Working days
Anxiety/stress/depression/other psychiatric illnesses	144	4870
Asthma	6	26
Back problems	31	764
Benign and malignant tumours, cancers	12	951
Blood disorders	*	163
Burns, poisoning, frostbite, hypothermia	*	5
Chest & respiratory problems	50	241
Cold, cough, flu - influenza	521	1466
Covid-related illness	27	128
Dental & oral problems	23	217
Ear, nose, throat (ENT)	59	425
Endocrine/glandular problems	*	38
Eye problems	14	124
Gastro-intestinal problems	301	881
Genitourinary & gynaecological disorders - exclude pregnancy related disorders	20	258
Headache/migraine	164	536
Heart, cardiac & circulatory problems	10	171
Infectious diseases	18	51
Injury, fracture	35	582
Menstrual Health Related Illness	5	6
Nervous system disorders - exclude headache, migraine	7	420
Other known causes - not otherwise classified	188	1943
Other musculoskeletal problems	16	545
Pregnancy related disorders	42	462
Skin disorders	6	51
Substance abuse - include alcoholism & drug dependence	*	*
Unknown causes/not specified	210	1740
Grand Total	1217	17066

NHS Education for Scotland - Freedom of Information (FOI-2026-3373)**Total Absence by Directorate - 1 April 2025-31 March 2026**

Directorate	No. of staff	Sum of Working days
Finance (Dir)	21	197
Dental (Dir)	66	1146
NES Technology Service (Dir)	73	1122
NHS Scotland Academy - Learning & Innovation (Dir)	34	421
Nursing Midwifery & AHPs (Dir)	79	1511
Psychology (Dir)	41	385
Planning, Performance and Transformation (Dir)	20	639
People and Culture (Dir)	57	1291
Social Care (Dir)	6	105
GP Returners & Enhanced Induction Doctors (Dir)	*	*
Medical (Dir)	130	2157
NES DDIT (Dir)	365	4372
NHS AA DDIT (Dir)	15	228
NHS BORDERS DDIT (Dir)	6	28
NHS DG DDIT (Dir)	13	247
NHS FIFE DDIT (Dir)	18	104
NHS FV DDIT (Dir)	14	192
NHS GGC DDIT (Dir)	106	1123
NHS GOLDEN JUBILEE DDIT (Dir)	*	250
NHS GRAMPIAN DDIT (Dir)	39	198
NHS HIGHLAND DDIT (Dir)	*	12
NHS LAN DDIT (Dir)	32	418
NHS Lothian DDIT (Dir)	34	475
NHS SHETLAND DDIT (Dir)	*	231
NHS TAYSIDE DDIT (Dir)	36	214
THE STATE HOSPITAL DDIT (Dir)	*	*
Grand Total	1217	17066