

Isaac Umeed

From: Camilla Milne <[REDACTED]>
Sent: 25 October 2024 16:14
To: Isaac Umeed
Subject: Fw: Reaching out

Dr Camilla Milne
Lead Clinician National Strategic Network for Long Term Effects of COVID-19
NHS National Services Scotland
 [Chat with me on Teams!](#)

Please note, I usually work Wednesdays and Thursdays.

NHS National Services Scotland is the common name for the Common Services Agency for the Scottish Health Service.
www.nhsnss.org

From: Camilla Milne <[REDACTED]>
Sent: 05 February 2024 10:39
To: claire taylor <[REDACTED]>
Subject: Re: Reaching out

Hi Claire,
I can no longer make our meeting tomorrow at 10am. I'm so sorry it's such short notice and annoyed in equal measure. I've been trying to meet with you for months!
Do you have any availability the following Wednesday, the 14th February?
Apologies and best wishes,
Camilla

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From: Camilla Milne <[REDACTED]>
Sent: 17 January 2024 10:46
To: claire taylor <[REDACTED]>
Subject: Re: Reaching out

Hi Claire,
Blooming covid! Hope you're beginning to pick up the pieces.
Let's go for 10am on Tuesday 7th February. I'll send a Teams invite.
Looking forward to it.
Best wishes,
Camilla

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From: Claire Taylor <[REDACTED]>
Sent: 17 January 2024 10:27
To: Camilla Milne <[REDACTED]>
Subject: Re: Reaching out

Hi Camilla
Apologies- I have just had Covid again!
Caught it first day back at work after holidays. Just causes mayhem each time so apologies for not replying.
7th is best for me if that's good for you?
My Wednesdays tend to get filled with lots of family admin as for most working parents I think. 31st looks full with various boring but necessary tasks London was a ball so can't complain! And lovely to be recognised even if not to win. Was great to meet Amy small as well we got on really well.
Best wishes
Claire

On 17 Jan 2024, at 09:42, Camilla Milne <[REDACTED]> wrote:

Hi Claire,
Just touching base after the New Year. We had planned to meet one Wednesday. The dates I suggested were last week and today. If today doesn't suit are you available on the 31st January or 7th February?
Best wishes,
Camilla

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Lead Clinician National Strategic Network for Long Term Effects of COVID-19
NHS National Services Scotland

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From: Camilla Milne <[REDACTED]>
Sent: 15 December 2023 12:24
To: claire taylor <[REDACTED]>
Subject: Re: Reaching out

Hi Claire,

Thanks for getting back to me. I'm sorry to find out that you didn't win but I hope that you had a good trip to London nonetheless. Your knowledge, experience, desire to make a change and frustration is all clear in your email.

Would you be free to meet up on the 10th or 17th January, say 10am? At present I've other availability those dates, so let me know what suits you best.

Wishing you a merry Christmas and a happy new year,

Kind regards,

Camilla

Dr Camilla Milne

Lead Clinician National Strategic Network for Long Term Effects of COVID-19

NHS National Services Scotland

Tel: [REDACTED] | [REDACTED]

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From: Claire Taylor <[REDACTED]>

Sent: 07 December 2023 19:03

To: Camilla Milne <[REDACTED]>

Subject: Re: Reaching out

You don't often get email from [REDACTED]. [Learn why this is important](#)

Dear Camilla

Unfortunately in the new nhs scheme of deleting inactive emails mine got caught in the first wave of it. I was logged in on my phone and not nhs computer and it was deactivated. As I'm a locum I am finding it hard to get it back and have lost 15 years of emails and contact details.

Helen contacted me frustrated that I am not officially part of any networks etc yet have probably treated the most patients, not only in Scotland, but across the UK. I get excellent outcomes. I have probably also treated the most patients for POTS and having seen the new POTS guideline, cannot see GPs taking it on. Having written to GPs since 2020 about POTS (I previously worked for a charity so have effectively been treating long Covid for 3 years) I know what they feel confident in doing. I am competent in the management of extremely complicated autonomic patients with very little equipment or help. I can see Helen is frustrated that I have all this knowledge and yet other people are writing the guidance. I cannot understand it, however but I'm busy with everything I am doing so if I am giving up time I want to make sure it is for official input and not a chat about long Covid. I have been asked to participate in the Scottish Covid inquiry next year as yet again I have been mentioned the most by patients. The same thing happened for the long Covid enquiry. I have also been shortlisted for UK GP of the year 2023 and attending the final tomorrow. A trip to London- for a northern Scot like me it may as well be Spain 😊 but it's such a good thing for long Covid awareness that not only am

I a finalist but Amy Small is too.

I am happy to meet but thereafter if there is no official role for me I would not want to spend any more time speaking to people. Over the last few years I have had lots of meetings, addressed Parliament, and nothing has changed. The feedback from patients about the nhs long Covid clinics is unfortunately very poor, years into this. I know how to treat this disease but the nhs has to be on board that it is a physical disease. The amount of FND diagnoses I see in long Covid is alarming.

I am currently involved in running a Delphi study for international consensus for long Covid so we will have an international Treatment consensus before long.

I am off most Wednesdays if that is a good day for you please let me know a day/ time.

Best wishes

Claire

On 29 Nov 2023, at 12:43, Camilla Milne <[REDACTED]> wrote:

Dear Claire,

I heard back from Helen from Long Covid Kids recently that you are now in a position for me to make contact with you again. It was back in May we had originally planned to meet, so I imagine you've had quite a time of it and I do hope that you and your family are now on the mend.

Helen had mentioned that you wished to be paid for any work/time that you gave to the network and that I was to confirm this prior to any meeting. At this stage I cannot confirm payment. I appreciate that your time and expertise is precious, but this would be an introductory meeting for both the network and you to find out how we may be able to help and support each other. As you were in agreement to meet with me in May I wonder if we could meet as originally planned? I do look forward to hearing from you.

Kind regards,
Camilla

Dr Camilla Milne
Lead Clinician National Strategic Network for Long Term Effects of COVID-19
NHS National Services Scotland

M: [REDACTED]
E: [REDACTED]

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